



The Aga Khan Hospital, Dar es Salaam

[Before you arrive to the Hospital for Admission](#)

- Contact the Admission Office (Phone : **+255 713565031 /+255 786585585**) to register and collect your Admission Letter at least one day in advance of the scheduled admission.
- Advise them of your choice of accommodation
The Pavilion
Semi-Private
General
to avoid confusion at the last minute
- Call the Hospital ward at least 6 hours prior to your arrival to re-confirm your admission. Unfortunately, there may be times when scheduled patient admissions must be changed due to unexpected emergencies.
- Check your hospital admission details : (Doctor's Name, Admission Time, Ward or Room Location)

[What you can expect when you arrive at the hospital](#)

- Contact the Admission Office to register (Phone number: **+255 713565031 /+255 786585585**) if you haven't done so already. You will be required to deposit the payment (either partially or in full, depending on the case) to register the patient and get admission.
- Upon arrival at the ward, the nurse will show you to your hospital bed. All our Private and Semi-private hospital ward areas are air-conditioned and have ceiling fans for your comfort and convenience. General wards are equipped with fans for your comfort.
- All patient beds are fitted with side rails for your safety. You will have an adjustable over-the-bed table where your meals will be served.
- Beside your bed and in the bathroom is an emergency call bell that you can use to request for assistance.
- Attending staff will show you where you may unpack your personal items. Please store them safely especially when leaving your bed. The **hospital cannot take responsibility**, for the theft, loss, or damage to any personal belongings.
- You will get an identification name band that you must wear around your wrist or ankle all times. Please check that it captures your information correctly.

- You will be asked to change into hospital clothing that will be provided. A member of the nursing or ward staff will help you feel comfortable and settled in.
- Your doctor, nurse and/ or ward coordinator will come to see you to discuss the purpose of your stay and details of any planned treatment, procedure, or surgery.

What to Bring to the Hospital

- Your Registration Card, you will need your Medical Record (MR) number and your Admission Letter.
- Any relevant health reports, x-ray films, diagnostic or laboratory reports.
- Signed letter from your employer if your organisation has an agreement or Memorandum of Understanding (MOU) with the Aga Khan University Hospital clearly indicating the accommodation recommended.
- Any medicines that you regularly take or have been advised to take in preparation for the treatment, procedure, or surgery (e.g., inhalers, eye drops, creams, lotions). These should be in their original containers.
- Brush, comb, toothbrush, toothpaste, dentures, soap, shaving kit, bath towel, creams, lotions, cosmetics, and any necessary personal items.
- Undergarments and bedroom slippers.
- Comfortable clothing and shoes for you to wear when you are discharged.
- Spectacles, hearing aids and/or dentures with protective containers. Please keep these items within your reach, to prevent misplacing them.
- Mobile phone and charger.
- Contact information and telephone numbers of family members and friends that you may need.
- Your personal reading material (magazines and books).
- Small amount of cash for any purchases you wish to make from the hospital.

What NOT to bring to the hospital

- Valuables (jewellery items, cheque books or credit cards).
- Large sums of cash money
- Food items, unless discussed with the nurse-in-charge

- Unnecessary extra clothing items
- Alcohol, cigarettes, tobacco, or pipes
- Electrical appliances (excluding electrical shavers)
- Weapons and firearms